

Life Issues E Activity: Grace under Pressure

Just as Jesus loved and cared for his friends during his earthy life, he loves and cares for us too. Jesus prayed not only for his disciples but also for all of us who would come after them. Today we often experience Jesus' love and care through prayers, parents, and peers. The Holy Spirit works through the followers of Jesus to make Jesus' love real in our lives. In John 13:33–35 we heard Jesus telling us to love one another so that all people know we are his followers, his disciples.

If we want to experience Jesus' love and care, we need to be willing to ask for help when we need it, which means we need to bring our troubles to Jesus in prayer. We need to turn to our parents and other caring adults when we are having trouble and then listen to their advice. We need to help our friends and be willing to accept help when we need it. God wants us to be a community of love; God does not expect us to make it all by ourselves!

What are some ways you can see God's will in your life even in the challenges you face?

What can you do to remain joyful and positive even at times when events around you or in your life may make it easier to be angry or sad?

Describe a typical challenge a young person your age might face, and then tell how facing the challenge with God's help can ease the difficulty and lead to a more positive outcome.

