What Do I Know about the Catholic Faith?

In the time allotted for this exercise, answer each question to the best of your knowledge. Each set of questions corresponds to the units you will study in this course and represents content you will cover in more detail in the coming weeks. Answer the questions on a separate sheet of paper.

Unit 1: Introduction

What are some core Catholic beliefs?

What is Divine Revelation*?*

What do we mean when we say that the Bible is inspired?

How do Catholics differ from fundamentalists in their reading of Sacred Scripture?

Unit 2: The Creed – Part I

What is faith?

What is Original Sin?

Who or what is the Trinity?

What was Jesus’ mission in the world?

Unit 3: The Creed – Part II

How does the Church continue Jesus’ mission?

In the Nicene Creed, the Church is described as “one, holy, catholic, and apostolic.” Describe what each of these four Marks of the Church means.

What are the roles of the Pope, bishops, priests, and deacons in the Church?

What is the role of the laity (all the nonordained) in the Church?

Unit 4: Liturgy and Sacraments

Define *sacrament* in your own words, and name the Seven Sacraments.

What is the purpose of the Sacraments?

Why is the Eucharist called the “source and summit” of Christian life?

What is a symbol? Give a brief explanation of two sacramental symbols.

Unit 5: Christian Morality

How can the Church guide us to live a holy and moral life?

What does the Church teach us about our relationship with other people?

What does the Church teach us about our relationship with material things?

Why does being a Christian call us to live in a right relationship with all human beings and with   
all of creation?

Unit 6: Christian Prayer

What is prayer?

Describe three different ways of praying.

Why are personal and communal prayer important for a Christian?

How can the Lord’s Prayer be seen as the summary of all we need to live?