

“Why We Go to Mass” Reflection and Discussion Questions

1. Fr. J-Glenn Murray says that liturgy is “doing our story;” liturgy is remembering and sharing our story. He also says that stories can change our lives and shape our identity. In what way has the story of redemption shaped and changed your identity?
2. Fr. J-Glenn Murray emphasizes that we come together for liturgy *at least once a week* to celebrate the Truth, the mystery of our redemption. In what ways do you agree or disagree with him about the necessity of celebrating the Eucharist *at least once a week*?
3. What five things do you know now about the Mass that you did not know before?
4. How has this explanation of the Mass challenged your understanding of the Eucharist?
5. What aspect of the explanation of the Mass did you find most meaningful?
6. According to Fr. J-Glenn Murray, what responsibilities do we have in both preparing for and celebrating the Eucharist?
7. In what way has this video challenged you and your participation in the Liturgy of the Mass?



8. At both the beginning and end of the video, several people respond to the question of why they go to Mass. How would you respond to that question?

9. What further questions do you have about the Mass that you would like to explore?

