Learning to Listen to God

Part 1

This is a survey of your listening skills. For each statement, choose a point on the line that best represents you.

1. When I enter a conversation, I am more ready to listen than to talk.

Describes me well	Does not fit me at all	
2. I am able to remain focused and avoid interruptions while I am listening.		
Describes me well	Does not fit me at all	
 3. I use good posture while listening to help me stay focused on the conversation. 		
Describes me well	Does not fit me at all	
4. I listen with an open mind and heart.		
Describes me well	Does not fit me at all	
5. I want to listen in order to learn.		
Describes me well	Does not fit me at all	
6. I delay judgment while listening.		
Describes me well	Does not fit me at all	



7. I consider that the speaker might know something that I don't know.

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Describes me well		Does not fit me at all
8. When I am unsure of what I have heard, I try to repeat the idea back to the speaker to check for understanding.		
Describes me well		Does not fit me at all
9. When I understand what was said, I take responsibility for my understanding by acting appropriately upon this knowledge.		
Describes me well		Does not fit me at all
10. I am able to empathize with the one who is speaking.		
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Describes me well		Does not fit me at all

Based on this survey, do you consider yourself to be a good listener? Explain your answer.



Part 2

Discuss each of the statements from part 1, and your responses, with your group. Then answer the following questions.

How can you apply some or all of the statements in the survey to listening to God?

Which of the statements from part 1 is most important to remember when trying to listen to God's voice in your life? Why did you choose this statement?

As a group, write a description of the most important skills you need to develop in order to listen to God. You will share this description with the class.

