

journey journey

november-december

NOVEMBER 29	30	DECEMBER 1	2	3	4	5
First Sunday of Advent	Feast of Saint Andrew	In Sunday's Gospel, Jesus said to "watch"	Make plans for your family to receive the Sacrament	Memorial of Saint Francis Xavier	In today's Gospel, Jesus helps the blind	
Readings: Isaiah 63:16-17, 19, 64:2-7 Psalm 80:2-3, 15-16, 18-19 1 Corinthians 1:3-9		and "be ready." Create a special space in your home to welcome the Advent season.	of Penance this Advent.	Saint Francis Xavier was a cofounder of the Society of Jesus (also known as the Jesuits). Spend some time today praying the Examen, a	men. Spend some time thinking about how you can help people in your community this Advent.	
Mark 13:33–37			AR	popular Jesuit form of prayer.		
6	7	8	9	10	11	12
Second Sunday of Advent	Memorial of Saint Ambrose	Feast of the Immaculate Conception		Read Psalm 85:9–14 as a family. Find or draw a		Feast of Our Lady of Guadalupe
Readings: Isaiah 40:1–5, 9–11 Psalm 85:9–14 2 Peter 3:8–14 Mark 1:1–8	In Sunday's Gospel, John the Baptist preaches on Baptism and repentance. Pray together the Act of Contrition.	Today we celebrate Mary having been born without sin. Pray the Rosary, focusing on the joyful mystery of the Annunciation		picture of God's Kingdom to display in your Advent space. Share what you can do this Advent to bring forth God's Kingdom.		Many migrants look to Our Lady of Guadalupe as a source of strength and intercession. Take some time today to pray for
Feast of Saint Nicholas		(Luke 1:26–38).				migrants around the world.
Third Sunday	14	15 Identify who is in need	16	17 Today begins the traditional	18	19 This weekend, make a
of Advent Readings: Isaiah 61:1-2, 10-11 Luke 1:46-48, 49-50, 53-54 1 Thessalonians 5:16-24 John 1:6-8, 19-28		within your community and ways your family can provide for those in need. Take some time today to reflect on today's Responsorial Psalm, Psalm 34.		"O Antiphons" of Advent. Each antiphon is a name of Christ, as mentioned in the Scriptures. Research them, find them on YouTube, and pray with them!		plan as a family to perform an important work of mercy by sending Christmas cards to those who are imprisoned.
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december-january

Fourth Sunday of Advent

Readings:

2 Samuel 7:1-5, 8-12, 14, 16 Psalm 89:2-3, 4-5, 27, 29 Romans 16:25-27 Luke 1:26-38



Feast of the Holy Family of Jesus, Mary, and Joseph

Readings:

Sirach 3:2-6, 12-14 Psalm 128:1-2, 3, 4-5 Colossians 3:12-21 Luke 2:22-40 21

Feast of the Holy

Innocents

Remembering the Holy

Innocents, pray with your

family for other families

with young children

in your community.

Reflect on Sunday's Gospel. How is God calling you to say yes to his call? See ideas below.



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22

To prepare for the Epiphany, stand and pray under the stars. Talk about the trust it must have taken to follow the star over Bethlehem, and what it's like to search for God and find him!



Christmas Eve

23

30

Talk about the contrast of light and dark, and the difference the Light of Christ makes in the world. End the day in prayer, around the lighted Christmas tree or candles.



31 New Year's Eve

How will you begin this new year? See ideas below.

Christmas Day

Jesus is born! What gifts has God given you? Like the little drummer boy, what gift can you offer Jesus, this week? Be sure to thank God today!



JANUARY 1 Solemnity of Mary, Mother of God

Read and reflect on today's Gospel, Luke 2:16-21, and think about the experiences that you hold in your heart. Pray the Hail Mary as a family.



Feast of Saint Stephen

As we remember Saint Stephen, the first martyr, take some time to pray for those who are persecuted for their faith.



Memorial of Saints Basil the Great and Gregory Nazianzen

Saint Basil the Great was dedicated to helping the poor. Find a way to donate goods or your time to a local food shelter.



Epiphany of the Lord

Readings:

Isaiah 60:1-6 Psalm 72:1-2, 7-8, 10-11, 12-13 Ephesians 3:2-3, 5-6 Matthew 2:1-12 Embrace Advent, the beginning of your journey this year! Share with others the Light of Christ in you!

Ideas to begin the New Year

Write to, call, or email a lonely relative weekly • Make peace with someone in your life • Spend some time with someone who needs a friend • Set aside more time each day for prayer and reflection • Read the Bible as a family