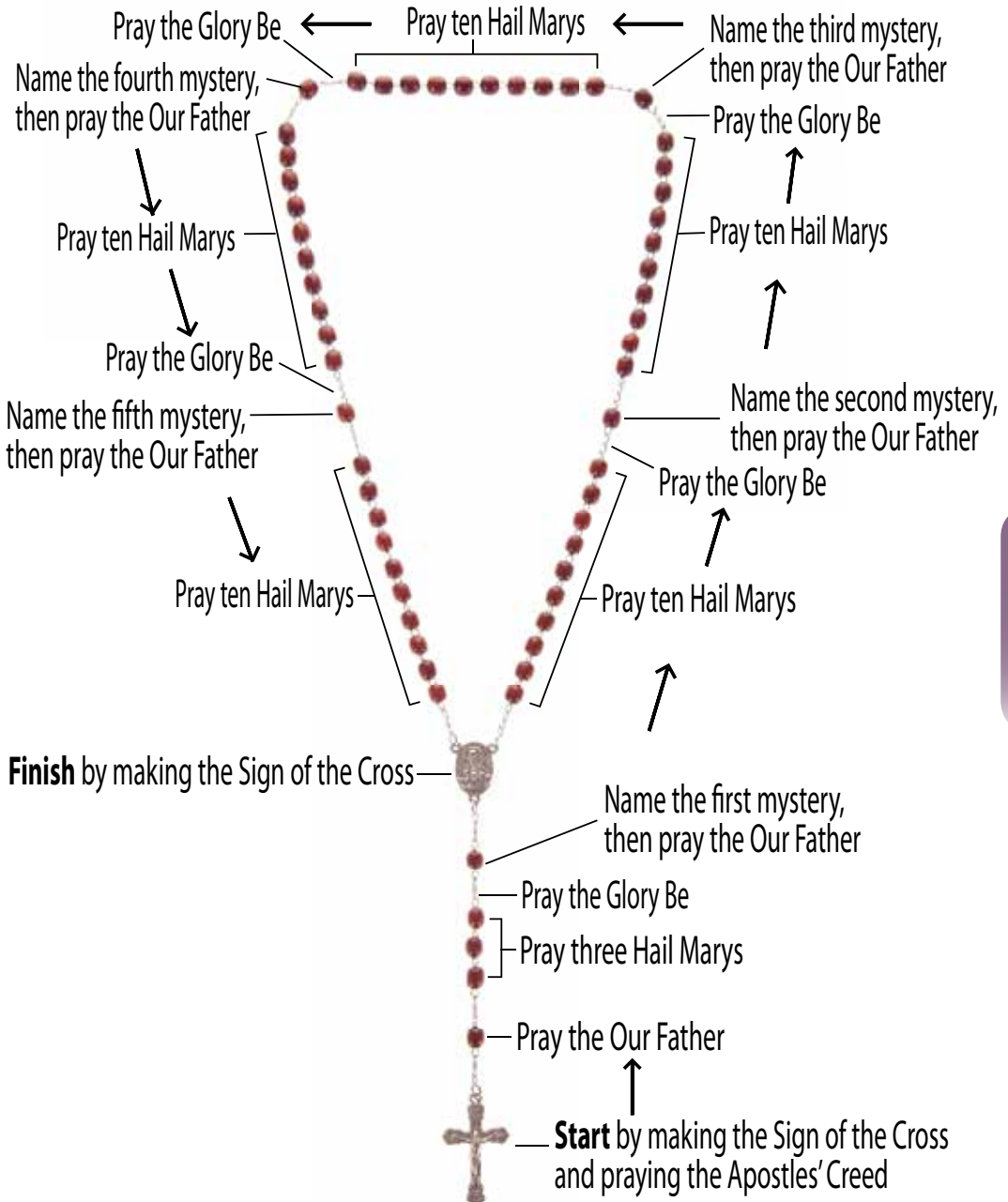


The Rosary

The Rosary is a popular devotion to Mary, the Mother of God. By praying the Rosary, we pray with Mary and we ask her to pray for us. The main part of the Rosary is to recite five sets of ten Hail Marys (each set is called a decade). This diagram shows you which prayers to use with which parts of the Rosary.



The Rosary (continued)

Saying a five-decade Rosary is connected with meditation, or solemn reflection, on what are called the mysteries of the life of Jesus. These mysteries too are collected into sets of five—five joyful, five luminous, five sorrowful, and five glorious mysteries. The mysteries of the Rosary are listed below. When you pray the Rosary, choose one set of mysteries to meditate on while saying the decades of Hail Marys. With a little practice, praying the Rosary regularly can be a source of great inspiration and consolation.

Joyful Mysteries

- The Annunciation
- The Visitation
- The Birth of Our Lord
- The Presentation of Jesus in the Temple
- The Finding of Jesus in the Temple

Luminous Mysteries

- The Baptism of Jesus
- Jesus Reveals Himself in the Miracle at Cana
- Jesus Proclaims the Good News of the Kingdom of God
- The Transfiguration of Jesus
- The Institution of the Eucharist

Sorrowful Mysteries

- The Agony of Jesus in the Garden
- The Scourging at the Pillar
- The Crowning of Thorns
- The Carrying of the Cross
- The Crucifixion

Glorious Mysteries

- The Resurrection of Jesus
- The Ascension of Jesus into Heaven
- The Descent of the Holy Spirit on the Apostles (Pentecost)
- The Assumption of Mary into Heaven
- The Crowning of Mary as Queen of Heaven

