

# David Challenges Goliath

There are many stories about King David in the Bible. God helped him to do many great things for the kingdom of Israel. Read the story of David in *Breakthrough! The Bible for Young Catholics*. You will find it in three sections in the First Book of Samuel:

- David Challenges Goliath (1 Samuel 17:32–37)
- Preparation for the Encounter (1 Samuel 17:38–40)
- David’s Victory (1 Samuel 17:41–51)

Look at the art on page 419. How can you tell that the man in the foreground is a professional warrior? What is he wearing? What is he carrying? How tall is he compared to David? What else do you notice about him that might make you hesitate to engage in battle with him? Notice David’s clothing. What weapon does he carry? What is “missing” from his warrior’s gear?

When have you felt that nobody believed in you?

How did you find strength?

## Something to consider:

Where do you meet God? How does God help you? Remember, God often uses people and situations to help us. Sometimes God uses nature and animals to help us. Take some time to think about where and how God meets you and helps you. Write your reflections here.

