## WHAT IS THIS THING CALLED PRAYER?

Why do we pray together as a community? Wouldn't it be easier just to pray alone? God calls us to be together, to be the community of God's people, to become the Church.

## As a Church we pray in many different ways and at different times and places.

Draw a line from each description to its matching prayer.

Prayer said before eating

**Sign of the Cross** 

Special prayer dedicated to Mary our Mother

**Psalms** 

The Sunday prayer of the whole assembled Church

Rosary

**Eucharist** 

Gesture made when you move your fingers from your forehead to your heart and then to each shoulder

**Lord's Prayer** 

Sacred poems from the Old Testament, originally written as songs

**Grace before Meals** 

Special prayer taught to us by Jesus

## We also pray privately.

Circle the number below that indicates how strongly you agree with each statement.

	Do not agree			Strongly agree		
I find it easy to remember to pray each day.	1	2	3	4	5	
I like to pray at the same time each day.	1	2	3	4	5	
I like to pray by talking to God when I'm sad.	1	2	3	4	5	
When I pray I like to use my own words.	1	2	3	4	5	
My favorite time for prayer is when it's quiet.	1	2	3	4	5	
Praying is easy when I see God's beautiful world.	1	2	3	4	5	
I like to pray by thanking God when I am happy.	1	2	3	4	5	

**Liturgy** is a Greek word that means the "work of the people." Liturgy is the name we give to our communal prayer celebrations. There are many different types of liturgical celebrations: Baptism, Eucharist, Reconciliation, Marriage, Ordination, and Liturgy of the Hours.

Liturgy of the Hours is the name we give to prayer at special times of the day when we use psalms and prayers to thank and praise God. The most common times to celebrate the Liturgy of the Hours are morning and night. In the morning we ask God's help during the day. At night we pray for God to watch over us as we sleep.