

# Family Page

## Background Reflection

In the Scripture for this lesson, we learn how our faith relates to the protective armor of a knight or a soldier. This helps us understand how God provides us with everything we need to be protected against sin and to gain eternal life.

Prayer is a gift from God that draws us closer to him and allows us to ask for the things we need. God knows all our needs, but he wants us to share our needs and the needs of others as an act of love and trust in him. We are reminded to pray at all times.

In this chapter, your child learned about the tools we have to keep us strong in faith, especially prayer. As you prepare to review this chapter with your child, spend time asking God to deepen your own prayer life, enabling you to witness authentically about the gift of prayer.

## Family Activities

- Create a prayer table at home and include the following items to help you in your daily family prayer time: a Bible, a rosary, an LED candle, one or more religious statues, and prayer cards. Commit to praying every day together as a family.
- Read together the Featured Story on page 1850 in *The Catholic Children's Bible* (Ephesians 6:14–18). Discuss the different parts of armor and how they are important to your family. Finish your time together by praying for your family's needs.
- Watch the video "I Will Pray" (YouTube, 2:55) together. Discuss how prayer is talking and listening to God at any time of the day. Take time to spend special family prayer time together this week, praying for those in need.

## People of Faith

### Saint Joan of Arc (c. 1412–1431)

Saint Joan was a teenager when she heard three saints call her to fight for France against England. She fought for the glory of God and won important victories. The English captured her. She was then put to death for speaking the truth. Saint Joan's feast day is May 30.

## Prayer

*Pray this prayer together as a family, beginning and ending with the Sign of the Cross.*

We thank you so much, God, for hearing our prayers and protecting us from sin. Teach us to trust you and to seek your help in all things. Amen.

