

# Reflecting on Suffering

*Answer the following questions on this paper or in your journal, according to your teacher's directions.*

1. Describe one situation of human suffering that you have heard about but that you yourself have not directly experienced. This may be an historical event, a current event of national or international scope, or a recent natural disaster. What do you know about this situation? Who suffered, and in what ways? What do you think caused this suffering? What feelings does this situation stir up in you? Do you think that something good did or will ultimately come out of this situation? Why or why not?
  
2. Describe one situation of suffering that you yourself have endured. What happened? In what ways did you suffer? How did you feel? What do you think caused this suffering? What, if anything, did you learn from this experience? Did you heal following your experience of suffering? If so, in what ways? If not, why not?
  
3. If you were to give advice to a suffering person who was wondering about whether God caused or wanted him or her to suffer, what would you say?

