Sacraments: Celebrating Christ’s Presence

Chapter 28 Summary

Chapter Learning Objectives

The participants will understand that the Sacraments express God’s complete love for us.

The participants will recognize that through the Sacraments the gift of God’s grace transforms us.

Content Summary

1. The Sacraments are unique occasions of encounter with Christ and of change in our lives.

2. The Seven Sacraments are Baptism, Confirmation, the Eucharist, Penance and Reconciliation, Anointing of the Sick, Matrimony, and Holy Orders.

3. In the Church’s liturgy, we participate in the work of the Holy Trinity by giving thanks and adoration to God the Father, through his Son, Jesus Christ, in the power of the Holy Spirit.

4. The Sacraments of Christian Initiation are Baptism, Confirmation, and the Eucharist.

5. The Sacraments of Healing are Penance and Reconciliation and Anointing of the Sick.

6. The Sacraments at the Service of Communion are Matrimony and Holy Orders.

7. Through the Sacraments we encounter Jesus Christ and his saving power, called grace.

8. When Jesus Christ rose from the dead and ascended into eternal life, people knew that God is truly with us.

9. The Church is a sacrament because it is a sign of Christ’s presence and the instrument through which the Holy Spirit changes the world.

10. Every time we encounter God’s grace and love in Jesus Christ in a Sacrament, we are changed.

11. Sacramentals are signs (actions or objects) that prepare us to receive grace and to celebrate the Sacraments with the appropriate attitude of openness to God’s grace.

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