

Saint Thérèse of Lisieux

(1873-1897)

Do every
little thing
with
love!



The activity on the following page is taken from the *Discovering the Saints* book.

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Thérèse of Lisieux taught the sisters whom she lived with what she called her “Little Way”: doing little things for Jesus and helping others even when it is hard. She saw herself as a “little flower” in God’s garden—not big and strong like the roses, but like a little wildflower that sometimes gets stepped on but pops right up again.

Before her death, she wrote her life story, *The Story of a Soul*, which became popular all over the world. Her “Little Way” helped many others to follow Jesus in their ordinary lives. The rose is her special sign of her love and prayers.



Prayer

Saint Thérèse of Lisieux, ask Jesus to show me how to live your “Little Way” in my everyday life.



Saint Thérèse taught about her “Little Way.” In the space below, write down three to four little ways you can follow Jesus and help others this week.

