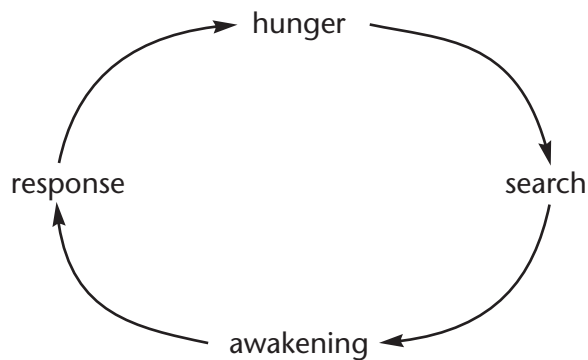


lifelong conversion

Conversion is an ongoing process that we engage in throughout our lives. Some people may have a dramatic conversion experience like Saint Paul in the Acts of the Apostles, but most people have smaller, less dramatic experiences that cause them to change and grow. The model below supports this lifelong approach and can be applied in many ways.

What do you “hunger” for most in your life? Describe a time when you felt a longing or hunger for something, even if you could not name it at the time.



How do you respond to these deep hungers? Describe a time when you responded to your hungers by searching for something.

What is an awakening? How is an awakening similar to sacramental awareness or a sacramental moment? Describe an awakening moment in your life. What did you feel? How did it come about?

Life changes after an awakening, and a response to that experience is necessary! Describe a time where you responded to an awakening or a sacramental moment. How were you changed?
