

am I a sacrament of Reconciliation?

This exercise can give you a better sense of your own role as an instrument for reconciliation. Read each of the following characteristics of reconciliation and complete its related task.

1. Reconciliation begins with God. That is, any reconciliations that occur, whether between individuals or between nations, reflect God's love for the world.

- Name one thing that you could do to help you better appreciate God's love for the world.

2. We cannot seek peace with others if we carry within ourselves the heavy burden of inner discord. Reconciliation includes being reconciled with ourselves.

- Name one aspect of yourself that you feel a need to be reconciled with.

3. Reconciliation occurs within the various groups we are part of—family, friends, school, church.

- Name one way that you can bring peace and harmony to a group to which you belong.

4. Reconciliation is an ever-expanding and all-inclusive activity.

- Name one person or group who you think might welcome your gestures of friendship or concern. Describe what you could do to show hospitality to that person or group.
