Final Performance Task Options for Unit 1

Important Information for Both Options

The following are the main ideas you are to understand from this unit. They should appear in your final performance task so your teacher can assess whether you learned the most essential content:

- The liturgy is the official, communal, and public worship of the Church.
- In the liturgy, the People of God participate in the work of God.
- All of the Church's liturgies are celebrations of the Paschal Mystery of Christ.
- In the liturgical year, the whole mystery of Christ unfolds.

Option 1: An Essay: A Focus on the Sunday Eucharist as an Opportunity for Growth in Christ

Write a five-paragraph reflection essay after participating in a Sunday celebration of the Eucharist. Your essay should focus on the theme of the Sunday liturgy as a threshold (or liminal) experience that calls the community to become the Christ it celebrates. Your essay should address the following points:

- how the liturgy is the official, communal, and public worship of the Church
- how the assembly (the people) participates in the work of God by celebrating the liturgy
- how the liturgy celebrates the Paschal Mystery
- how this liturgy focuses on a particular aspect of the Paschal Mystery

Conclude your essay with your own evaluation of how well this liturgy conveyed these four truths, and how successfully the liturgy influenced your desire to go out and do as Jesus did.

Option 2: A PowerPoint Presentation on the Liturgical Calendar

Create a PowerPoint presentation explaining how and why the Church's liturgical calendar celebrates the Paschal Mystery over the course of the liturgical year.

Your presentation should include the following:

- the essential understandings in this unit
- how celebrating different liturgical seasons helps the Christian community to connect with different aspects of the Paschal Mystery
- how "liturgical time" is different from the calendar year
- how the liturgical year, as each day and feast is celebrated, brings the past into the present moment, and connects us with future hope