



A Sacred Tapestry

The following prayer was written by a teen who believes that all creation is a sacred tapestry reflecting God's abundant love. Chris prays for open eyes so he can more clearly see God's wonderful and mysterious plan unfold in his life.

Come Holy Spirit,
Give me the right words to say and the right heart to pray.
God, you gave us the Sacraments as visible signs of your invisible power,
grace, and love.

Open my eyes to see that everything around me is like a little sacrament,
a little sign of your incredible love.

Right here, right now, you are telling me that you love me.
In the sunshine, in the air passing through my nose,
in every thought passing me by, in every heartbeat,
in every person you've placed in my life.

Sometimes it seems like the threads of my life are tangled.
Even now I don't know which way I'm going.
Sometimes the threads seem to fray or even break.
But I trust you.

I know there is a great plan beyond my comprehension.
A great symphony beyond my understanding.
A great tapestry beyond my sight.
Every tangled thread is actually another weave knit by you.
You have created me and every day you are transforming my life
into a work of art—your labor of love for me.

No matter how difficult, how confusing, how dark things may get;
your love is there in every thread, in every person, in every breath,
even to my very last, when we will finally meet again.

Amen.



Use the following questions as creative prompts. Invite your students to draw their life's sacred tapestry. When finished, the students can share their tapestry in pairs.

Think of your life as a sacred tapestry and God as the designer gradually weaving the plan together. What patterns do you notice in your sacred tapestry? What "threads" have formed you to be the person you are today?

- Where might you see God's abundant love reflected in your tapestry?
- Who are the important people who have accompanied you and are additional threads in your sacred tapestry?
- What hints about your future are evident in your tapestry?
- In what ways can you acknowledge your tapestry as a work of art?



**UNDERSTANDING
CATHOLICISM**

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