

# Discover!

## Finding Faith in Life

# Key Words

## A

**Alleluia** means "Praise the Lord!"

## B

**Beatitudes** a set of Jesus' teachings (see Matthew 5:1–12) that show his followers how to live holy, happy lives; the word *beatitude* means "blessed" or "happy"

**Body of Christ** the Church, including all members with Christ as the head; also, in the Sacrament of the Eucharist, the Host we receive in Holy Communion

**boundaries** limits

## C

**canonized** officially recognized by the Catholic Church as a saint

**childish** acting like a spoiled child, behaving badly or being impatient

**childlike** trusting and loving

**Christian** someone who believes in Jesus, whom we call Christ

**Communion of Saints** all the people who are members of the Body of Christ in Heaven, on Earth, and in Purgatory

**conscience** the ability within us that helps us know the difference between right and wrong

**consecration** the part of the Mass when the bread and wine are changed into the Body and Blood of Christ through the words of the priest and the power of the Holy Spirit

**contrition** sorrow; in the Act of Contrition, expressing sorrow for our sins with the intention of avoiding sin in the future

## D

**devotions** expressions of religious love

**dignity** worthy of kindness and respect

## E

**Eucharist** the sacrament that nourishes us with the Body and Blood of Christ; also called Holy Communion; the Mass as a whole

## F

**free will** the ability to choose how we act

## G

**grieving** feeling very sad, especially at the death of a loved one

**H**

**Holy Communion** the Body and Blood of Christ, which we receive under the appearances of bread and wine; also called the Eucharist

**Holy Trinity** the Father, the Son, and the Holy Spirit; the Three Persons in one God

**Holy Week** the week before Easter, when we remember Jesus' suffering and death; begins with Palm Sunday and ends with Easter Sunday, when we celebrate the Resurrection

**I**

**immaculate** pure, free from sin

**intercede** to pray for someone in need

**Israelites** the first followers of God

**L**

**Liturgy of the Hours** the prayer of the Church that is prayed at seven different times, or hours, of the day

**M**

**manger** a raised box filled with grain and hay for animals to eat

**mortal sin** a very serious sin, committed on purpose, that breaks our relationship with God

**P**

**Passion** Jesus' suffering to save us

**penance** a prayer or good action to show that we will do better and to make up in a small way for the harm done by sin

**poverty** not having enough to meet the everyday needs of life, like food, clothing, and shelter

**praise** showing love and approval in words and actions

**prays** from the verb, to pray; a person prays when speaking to or listening to God

**psalm** a song or poem-prayer to God

**R**

**reason** the ability to think, especially to think through the likely results of our actions

**reconciliation** to bring back together; also, the Sacrament of Reconciliation, a sacrament of God's forgiveness that brings us back together with God and with the Church

**Resurrection** the rising of Jesus from the dead on the third day after he died on the cross

**S**

**sacrament** a sign of God's love that gives a share in God's life

**Sacrament of Baptism** the sacrament that makes us children of God and Christians, gives us God's life, forgives our sins, makes us members of the Church, and promises that we will live with God forever

**Sacrament of Confirmation** the sacrament in which the Gift of the Holy Spirit that we received in Baptism is deepened and strengthened

**sin** a thought, word, or action that is freely against God's Law

**T**

**Ten Commandments** God's loving rules to keep us safe and happy

**U**

**unique** special and different; the only one

**V**

**venial sin** a less serious sin that weakens, but does not completely break, our loving relationship with God

**virtue** strength, everyday good habit

**W**

**Works of Mercy** actions we do for others who have needs (based on the teachings of Jesus, Matthew 25:31–46)