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**ASH WEDNESDAY**

Participate in the Mass in person or virtually. Talk about how Lent is a time when the whole Catholic Church prays and repents together, to make things right, again, with God and our neighbor.

**February**

**First Sunday of Lent**

Readings
- Genesis 9:8–15
- Psalm 25:4–5, 6–7, 8–9
- 1 Peter 3:18–22
- Mark 1:12–15

In Sunday’s Gospel, we are reminded that when we go through terrible times, we are never alone. Share with your family who has cared for you during tough times, and support someone you love this week.

Pray the Act of Contrition with your family each week during Lent and make plans for your family to receive the Sacrament of Reconciliation this Lent.

Pray the Stations of the Cross, on the Fridays of Lent at the parish or virtually.

Create a prayer space in your home for Lent. Engage the whole family and include pictures, a cross, meaningful items, and a Bible. Add some purple to the space—the color of the Lenten season.

**Second Sunday of Lent**

Readings
- Genesis 22:1–2, 9a, 10–13, 15–18
- Psalm 116:10, 15, 16–17, 18–19
- Romans 8:31b–34
- Mark 9:2–10

Pray the Stations of the Cross in its entirety or just focus on, discuss, and find one station in the Scriptures.

**Journey together**

**February**

2021 Lent–Pentecost Calendar

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<th>Date</th>
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<tr>
<td><strong>Palm Sunday</strong></td>
<td>Prepare and talk about the Triduum: Holy Thursday, Good Friday, and Easter.</td>
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<td><strong>Fifth Sunday of Lent</strong></td>
<td>Pray together Psalm 51 from Sunday's readings. Find a video of this psalm being sung on YouTube to sing and reflect on, then share its meaning and message.</td>
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<td><strong>Fourth Sunday of Lent</strong></td>
<td>In Sunday's Gospel, we hear of Jesus healing a man with leprosy. Discuss with your family what it means to be present to another person and what skills are involved in actively listening.</td>
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<td><strong>Third Sunday of Lent</strong></td>
<td>In Sunday's Gospel, Jesus heals Peter’s mother-in-law and others. Make a family plan to perform an important work of mercy by sending a thoughtful care package to someone who is sick or lonely.</td>
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<td><strong>Second Sunday of Lent</strong></td>
<td>In Sunday’s Gospel, we remember Noah and Abraham. Their faithfulness to God was tested, and God made a covenant with both. How will your family grow in faith with prayer, reconciliation, and following Jesus this Lent?</td>
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<tr>
<td><strong>First Sunday of Lent</strong></td>
<td>This week we remember Noah and Abraham. Their faithfulness to God was tested, and God made a covenant with both. How will your family grow in faith with prayer, reconciliation, and following Jesus this Lent?</td>
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<tr>
<td>28 March 2021</td>
<td>This week we remember Noah and Abraham. Their faithfulness to God was tested, and God made a covenant with both. How will your family grow in faith with prayer, reconciliation, and following Jesus this Lent?</td>
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**JOURNEY together**

**MARCH**

2021 LENT—PENTECOST CALENDAR
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<thead>
<tr>
<th>Date</th>
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<td>3</td>
<td>Acts 4:8–12</td>
<td>Psalm 118:1, 8–9, 21–23, 26, 28, 29</td>
<td>1 John 3:1–2</td>
<td>John 10:11–18</td>
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**Easter Sunday**
- Readings:
  - Acts 10:34a, 37–43
  - Psalm 118:1–2, 16–17, 22–23
  - Colossians 3:1–4
  - John 20:1–9

**Second Sunday of Easter**
- Readings:
  - Psalm 118:2–4, 13–15, 22–24
  - 1 John 5:1–6
  - John 20:19–31

**Third Sunday of Easter**
- Readings:
  - Psalm 4:2, 4, 7–8, 9
  - 1 John 2:1–5a

**Fourth Sunday of Easter**
- Readings:
  - Acts 4:8–12
  - Psalm 118:1, 8–9, 21–23, 26, 28, 29
  - 1 John 3:1–2
  - John 10:11–18

**Holy Thursday**
- The Triduum begins—create a feast of favorites and bake bread to have with dinner tonight. Begin dinnertime by reading John 13:1–15. Discuss the concept of humility and participate in the Mass together.

**Good Friday**
- Read the story of Jesus’ Crucifixion and death, John 19:16b–18, 28–30. Participate in the Good Friday service. Before bedtime, place a crucifix in a prominent place and venerate it with a kiss or touch and a prayer.

**Easter Vigil**
- The Easter Vigil begins at sundown. Talk about the signs, symbols, and readings you’ll encounter at the Easter Vigil Mass. Remind children of how God has sought to be in relationship with all of us, even today.
### 2021 LENT–PENTECOST CALENDAR

#### FIFTH SUNDAY OF EASTER
**Readings**
- Acts 9:26–31
- Psalm 22:26–27, 28, 30, 31–32
- 1 John 3:18–24
- John 15:1-8

#### FEAST OF SAINTS PHILIP AND JAMES, APOSTLES

#### SIXTH SUNDAY OF EASTER
**Readings**
- Psalm 98:1, 2–3, 3–4
- 1 John 4:7–10
- John 15:9–17

#### Celebrate motherhood. Invite your children to identify the ways they feel love from their mom. Pray for all mothers, for an openness to God’s grace and for love to always guide their choices.

#### In Sunday’s Gospel, Jesus commands us to “love one another.” Who in your family, parish, local, and global communities need love right now? Identify and create a plan to love those most in need.

#### May is the Month of Mary. Together, make a crown for Mary. Place it on a statue or in the middle of your dining table. Talk about Mary, her life, and what ordinary days might have been like with Jesus as a boy.

#### PENTECOST SUNDAY
**Readings**
- Acts 1:15–17, 20a, 20c–26
- Psalm 103:1–2, 11–12, 19–20
- 1 John 4:11–16
- John 17:11b–19

#### EMBRACE LENT, AND GROW CLOSER TO CHRIST THIS SEASON! SHARE YOUR GIFTS WITH OTHERS AND DIVE INTO PRAYER AND PRAISE!

**Ideas for this Lenten Season:**
- Donate your time to the local food pantry
- Attend a Lenten penance service
- Read Scripture as a family
- Set aside time to pray for friends in need

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**May 2021 Lent–Pentecost Calendar**

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<th>FEAST OF SAINTS PHILIP AND JAMES, APOSTLES</th>
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<td>3</td>
<td>In Sunday’s Gospel, we hear Jesus say, “I am the vine, you are the branches.” Search for a vine or twig with branches. Use this visual to discuss what Jesus means. Revisit the reading, using examples from your own lives.</td>
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| 4 | **The Ascension of the Lord**
Today we celebrate Jesus’ Ascension into Heaven, following his life here on Earth. Discuss what it must have been like to see the Ascension. Then participate in the Mass. |
| 5 | **FEAST OF SAINT MATTHIAS, APOSTLE**

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