

Saints as Role Models

Life Issues F Summary

Life Issues F Learning Objectives

- The participants will reflect on the qualities and values most important to them, and on the qualities and values of Christian disciples.
- The participants will define a role model and identify the characteristics of Christian role models.
- The participants will reflect on the saints and people of faith they have studied, and then create their ideal Christian role model.

Content Summary

1. Role models are people who possess qualities and characteristics that we want to imitate.
2. Many of the role models in the media today are trying to sell us things: music, clothing, electronic gadgets, and so on. Sports figures and pop stars are role models who sometimes are glorified despite their bad behavior. Being a winner or being famous can be so valued that some people cheat to attain this status. This contradicts the message of Jesus.
3. The saints and Christian role models are people we look to as our guides. Their attitudes and actions show us how we can love God, others, and ourselves.

