

Final Performance Task Options for Unit 6

Important Information for All Three Options

The following are the main ideas you are to understand from this unit. They should appear in this final performance task so your teacher can assess whether you learned the most essential content.

- Our participation in the Eucharist flows from our Baptism into the Body of Christ.
- Jesus Christ is truly and fully present in the Eucharist.
- Every member of the assembly is essential to the celebration of the Eucharist.
- Our participation in the Eucharist calls us to be the Body of Christ in the world.

Option 1: Prepare a Class Liturgy

Prepare a class weekday Eucharistic Liturgy that would be celebrated with a focus on a social justice issue. For example, the liturgy might take up the theme of “feeding the world.” To prepare this liturgy, you will need access to a missalette or to the *Sacramentary* and *Lectionary*. Use the regular weekday readings. You will choose the music, write an outline for the homily, and write the General Intercessions. Use the following outline of the Mass as a guide (type these on another sheet of paper):

Introductory Rites

Gathering Song (Entrance Chant): _____

Opening Prayer (Collect): (usually there is a choice) _____

Liturgy of the Word

First Reading (Write the Scripture reference; choose a lector.)

Responsorial Psalm (Find a musical setting.) _____

Gospel Reading (Write the Scripture reference.) _____

Homily (Write an outline for the homily.)

Prayers of the Faithful or Universal Prayer (Write the prayers.): _____

Liturgy of the Eucharist

Presentation and Preparation of the Gifts (Choose music): _____



Eucharistic Prayer (Choose from Eucharistic Prayers I, II, or III)

Communion Rite (Locate Eucharistic ministers; choose music.): _____

Greeting and Blessing (Choose a blessing.)

Dismissal (Choose a concluding song.): _____

Option 2: Participate in a Class Blog

On a schedule determined by your teacher, you will make contributions to a blog, created by your teacher, on the topic of the Eucharist as a Sacrament of ongoing conversion and transformation. You may be assigned to a learning circle of students who will post blogs together. You may be asked to do outside research, to state your opinion, to list new insights you have gained, etc. There will be two major topics: (1) How is the Eucharist structured? and (2) How does the Eucharist have the power to transform us?

When writing for the blog, follow these guidelines:

- Always maintain a high standard of writing. Remember that blogs usually have a public audience. Writing should be organized and written with a strong voice. Before posting, edit your work for spelling, capitalization, punctuation, and grammar. Any outside sources should be cited.
- Make sure that you address, in your cumulative contributions to the blog, all key understandings for this unit.

Option 3: Make a Eucharistic Holy Hour

Adoration of the Eucharist has been traditional in the Church since the Middle Ages. Make an effort to participate in this tradition by following these steps to make a Eucharistic holy hour:

- Research the history of worship of the Eucharist and related topics (i.e., the practice of the Forty Hours' Devotion, Perpetual Adoration, and Benediction of the Blessed Sacrament).
- Make your own personal holy hour (i.e., sixty minutes) before the Blessed Sacrament. Many parishes today have available special times of prayer before the Host, when it is placed in a monstrance on the altar. Or, you may simply find a time to pray in church. (You will remember that the sanctuary light lit near the tabernacle is a reminder that the Body and Blood of Christ is present.)
- Beforehand, make an informal plan for prayer. Will you bring a favorite book of prayers or meditations? Will you say the Rosary? Will you bring a Bible to pray with a favorite psalm or Bible passage? Be sure to leave some time for talking to and listening to God in your own way. Remember that you are in the presence of the living God, in the Body of Jesus Christ present in the tabernacle or in the monstrance.
- Afterward, write a two-page report recounting your experience. Use the following questions as a guide:



- What were my thoughts and feelings before I went to church?
- How did the hour progress? Did I keep to my plan? Did I find my plan of prayer helpful? Did I vary my plan in any way?
- What were my feelings and attitudes during the hour? Was I agitated at times? peaceful? Did I get into prayer right away, or did I gradually feel more comfortable with this quiet time? What difficulties did I experience? Did I experience any particular benefits that I can now recognize?
- How do I relate the key understandings of this unit to Eucharistic worship, both personally (as in my time of prayer) and in general?
- Was this time valuable or helpful to me? Would I plan to do this again? Did I gain any insight into the reasons for this long-lasting tradition of prayer in the Church?

