

# Finding Salt and Light for the World: An Inventory of Discipleship Gifts and Skills

Following is a list of gifts and skills needed to be a disciple of Christ in the world. On the second page is a description of several types of Christian ministries at work in the world. For each ministry, list the gifts or skills you think one would need in order to be “salt for the earth and light for the world.” Explain why those gifts are helpful or essential for the ministry.

## Gifts and Skills

1. loving / charitable
2. joyful
3. kind
4. generous
5. loyal
6. hopeful
7. detail oriented
8. organizes others
9. helps others to work together
10. works behind the scenes
11. good with finances
12. likes to work with hands
13. leads / handles responsibility
14. good listener
15. sensitive to unspoken needs of others
16. handles conflict well
17. comforts sick people
18. seeker of justice for the weak seeks truth despite resistance
19. merciful
20. prays for others persistently
21. encourages others, lifts people's spirits
22. good sense of humor
23. dedicated and determined in work
24. healer (spiritually, emotionally, or physically)
25. hospitable to strangers
26. curious about new people and cultures
27. musician
28. writer
29. public relations and public speaking
30. humility
31. teacher
32. courageous
33. reverent for God's people and nature
34. insightful about people's behavior
35. grateful
36. passionate
37. compassionate
38. self-control and integrity
39. serves others freely
40. resilient



## Ministries

**Catholic Relief Services:** “Our mission is to assist impoverished and disadvantaged people overseas, working in the spirit of Catholic Social Teaching to promote the sacredness of human life and the dignity of the human person.” (CRS Web site)

**L’Arche:** “L’Arche communities, family-like homes where people with and without disabilities share their lives together, give witness to the reality that persons with disabilities possess inherent qualities of welcome, wonderment, spirituality, and friendship.” (L’Arche Web site)

**Houston Catholic Worker Casa Juan Diego:** “Casa Juan Diego was founded in 1980, following the Catholic Worker model of Dorothy Day and Peter Maurin, to serve immigrants and refugees and the poor. From one small house it has grown to ten houses. Casa Juan Diego publishes a newspaper, the *Houston Catholic Worker*, six times a year to share the values of the Catholic Worker movement and the stories of the immigrants and refugees uprooted by the realities of the global economy.” (Casa Juan Diego Web site)

**Society for the Propagation of the Faith:** “Today the General Fund of the Propagation of the Faith, which gathers gifts from Catholics all over the world, is the basic means of support for the Catholic Church’s worldwide missions.” (One Family in Mission Web site)

**Birthright International:** “Provides caring, non-judgmental support to girls and women who are distressed by an unplanned pregnancy.” (Birthright International Web site)

**Catholic Charities:** “Provides culturally-sensitive social services to those in need, without regard to race, religion or socio-economic status.” (Catholic Charities Web site)

