

Unit 5 Preassessment: A Prayer Inventory

Respond honestly to the following questions. You will be asked to share some of your responses with a partner, but you will be able choose what to share and what to keep private.

For items 1 through 18, respond using the following scale, writing the letter of your choice in the blank space provided next to each item:

- 1: Strongly Agree
- 2: Agree
- 3: Neutral / Neither Agree nor Disagree
- 4: Disagree
- 5: Disagree Strongly

1. ____ It is important to pray daily.
2. ____ I find praying with others to be meaningful.
3. ____ I enjoy going to Mass.
4. ____ I find praying alone to be meaningful.
5. ____ Scripture is essential to the prayer life of Catholics.
6. ____ Scripture is essential to my own life of prayer.
7. ____ I am familiar with the Liturgy of the Hours.
8. ____ I could explain to a first-grade student what the Lord's Prayer means.
9. ____ I have prayed the Stations of the Cross at least once within the last year.
10. ____ I have prayed the Rosary at least once within the last year.
11. ____ God always hears me when I pray.
12. ____ Reading Scripture helps me to make better, wiser decisions.
13. ____ Music helps me to center myself in a prayerful mood.
14. ____ When I pray, I am usually asking God for something.



