

# The Sacraments: Seven Ways of Experiencing Christ

The chart below contains a concise overview of each of the Seven Sacraments. Some information is missing. Succinctly complete the chart. Print neatly.

The Sacraments		
Name of Sacrament; Repeatable or non-repeatable	Sacramental Signs	Brief Explanation of the Sacrament
<b>Sacraments of Initiation</b>		
Baptism <i>Non-repeatable</i>	Pouring water or immersion three times in the name of the Trinity	Primary Sacrament of Christian Initiation beginning new life in the Church; repeats what Jesus did as he began his public ministry
	Anointing with Sacred Chrism (oil), laying on of hands	Completing of Baptism; strengthens new life; signifies the gift of the Holy Spirit
The Eucharist <i>Repeatable</i>	Blessing, distributing, and eating consecrated bread and wine, the Body and Blood of Christ	Final Sacrament of Christian Initiation that nourishes and sustains us in resurrected life in Christ; spiritual food for the journey
<b>Sacraments of Healing</b>		
Reconciliation <i>Repeatable</i>	Confession of sins, and words of absolution (forgiveness)	
Anointing of the Sick _____		Sacrament of Healing for those who are seriously ill or for any life-threatening situation (e.g., serious surgery)
<b>Sacraments</b> _____		
_____ <i>Non-repeatable</i>	The laying on of hands and the speaking of the prayer of consecration	A Sacrament of service to the Church as a deacon, priest, or bishop; celebrates Sacraments according to their office (e.g., priest can celebrate the Eucharist but cannot ordain another priest)
Marriage <i>Non-repeatable</i> as long as both spouses live		Planned by God to bring about two great goods: man and woman pledged in love and service to one another, and the procreation and education of children

