

# A Preassessment of My Knowledge of the Sacraments: Leader's Guide

Instructions for leader: Read aloud only the *answers* in bold print, in the order in which they are printed below.

1. **My name comes from a Greek word that means “to throw together.” I throw together the literal meaning of an object or action with other meanings that are suggested by me. For example, I can be “fire” but I can suggest “anger” or “passion.”** (*What is a symbol?*)
2. **I am similar to a symbol, but my focus is on meaningful, repeated actions. I take many forms. For example, I can be a birthday celebration, the opening ceremony of the Olympics, or Baptism.** (*What is a ritual?*)
3. **My name comes from the same root as the word *ritual*. I am the visible symbols and rituals that formally make a Sacrament what it is.** (*What is a rite?*)
4. **I am the gateway into the Church. I am Baptism, Confirmation, and the Eucharist.** (*What are the Sacraments of Christian Initiation?*)
5. **I am Reconciliation and Anointing of the Sick.** (*What are the Sacraments of Healing?*)
6. **I am a servant of the Church; my two names are Ordination and Marriage.** (*What are the Sacraments at the Service of Communion?*)
7. **My name is Jesus Christ.** (Who instituted the Sacraments?)



- 8. My name applies to the Church's Sacraments and literally means "by the work worked." In other words, I accomplish what I'm intended to accomplish. (What is the meaning of the Latin phrase *ex opere operato*?)**
  
- 9. I am the free gift of God's life, first given in Baptism and renewed in all of the Sacraments. (What is sanctifying grace?)**
  
- 10. I support you in holiness by giving you help in everyday matters. I help you turn your heart toward God in ongoing conversion. (What is actual grace?)**
  
- 11. I am the ancient practice of praying several times during the day using psalms and Scripture readings, and sometimes in song and chant. I am found in monasteries where contemplative orders pray each day. (What is the Liturgy of the Hours?)**
  
- 12. I ask God for things that I need; if necessary, I ask over and over again. (What is a prayer of petition?)**
  
- 13. I ask God to assist others in their needs; sometimes I call upon the saints to pray for these special needs. (What is intercessory prayer?)**
  
- 14. I don't ask for things. I simply express gratitude for all that God has done for us. (What are prayers of thanksgiving?)**



15. **I joyfully bless God and give God glory. I acknowledge God as the One who deserves honor above all else.** *(What are prayers of praise?)*
  
16. **I am not one of the more famous seven that Christ instituted, but the Church chose me to bless in other special ways: I bless meals, places, objects, persons, pets, and so on.** *(What are sacramentals?)*
  
17. **My name literally means “to buy back something.” I buy you back from the effects of Original Sin and deliver you to the truth about God and yourself.** *(What is redemption?)*
  
18. **I witness to faith with my voice. Actually, sometimes I speak quietly or even silently. I often use forms such as the “Our Father” or “Hail Mary,” and I also choose my own words at times.** *(What is vocal prayer?)*
  
19. **I am the highest form of prayer. I am truly “union” with God. I do not require words. I am the prayer of ordinary people who have extraordinarily deep love for God, as well as the prayer of the mystics.** *(What is contemplation?)*
  
20. **People like me because I give them useful ways to connect with God. I take different forms, such as a novena or the Rosary.** *(What is popular piety?)*
  
21. **I am a special form of prayer that became popular because I led the way to Christ through Jesus’ mother, Mary. I am a form of prayer that uses repetition to lead those who pray with me to a deeper understanding of the Passion, death, and Resurrection of Jesus.** *(What is the Rosary?)*



- 22. I am among pilgrims who make their way to holy places. I am a good reminder to those who participate that Christian life is a holy journey. (What is a walking ritual?)**
- 23. My name is John Newton; I wrote a famously emotive tune with inspiring words about freedom. (Who wrote the song "Amazing Grace"?)**
- 24. I am hauntingly beautiful. I am ancient in the Church, and yet I'm still the favored form of sung prayer in the Church's liturgy. (What is Gregorian chant?)**

