



# **Discover! Gathered Family Sessions**

## **Frequently Asked Questions**

### **1. What are the Gathered Family Sessions?**

The *Discover!* Gathered Family Sessions are a series of ten gatherings held from September through June, designed to unite families in reflection on both the liturgical calendar and the changing natural seasons. Over time, the program will expand to include three years of unique sessions, allowing for content rotation and fresh engagement across multiple years.

### **2. Is a parish required to use all of the sessions?**

No, parishes have the flexibility to use as many or as few sessions as best suit their specific needs and circumstances.

### **3. Do these sessions follow and align with the core Discover! curriculum?**

No, the Gathered Family Sessions are a standalone resource that complements the *Discover!* program but does not duplicate or replace its graded-level catechesis. However, since these sessions are primarily based on the liturgical seasons, a parish may choose to substitute its graded-level lessons on the liturgical seasons with the Gathered Family Sessions.

### **4. Are participants separated by age or grade level during these sessions?**

No, families participate together as a unit. There are no age or family-size restrictions—any family members are welcome to join. Each participant contributes based on their age and ability, fostering collaboration and shared learning within the family group.

### **5. What role does Scripture play in these sessions?**

Each session is centered on a Bible story from *The Catholic Children's Bible*. Guided by the session leader, families engage with Scripture through listening, reading, and reflection in a simple yet meaningful way that can be continued at home.

### **6. How do these sessions benefit families and the parish?**

Many Catholic families are seeking ways to integrate faith into their daily lives beyond Sunday Mass. In today's fast-paced world, where family time is often scarce, these sessions provide a valuable opportunity for families to gather at the parish, supported by leaders, catechists, and fellow parishioners, to engage in faith-centered activities.

By fostering a welcoming and enriching environment, the Gathered Family Sessions help families experience their parish as a source of support and encouragement, empowering them to live their faith more meaningfully and joyfully.

