

# Prayers for Lent

**Scripture Focus:** Luke 15:11–32 (The Parable of the Lost Son)

## Opening Prayer

**Leader:** Let us begin our prayer with the Sign of the Cross.

**All:** In the name of the Father . . .

**Leader:** In this Gospel, Jesus tells us the Parable of the Lost Son. A father had a son who ran away and spent all his money. When the son had nothing left, he came back to his father and said, “I’m sorry. Please forgive me.”

**Reader:** A reading from the Holy Gospel according to Luke.

*Reader then reads the Scripture passage above from Breakthrough! The Bible for Young Catholics.*

**Leader:** Sometimes we have to say, “I’m sorry,” to God our Father. We can say, “I’m sorry, Father. Please forgive me.”

**All:** “I’m sorry, Father. Please forgive me.”

**Leader:** When we have made bad choices and done wrong, we can say,

**All:** “I’m sorry, Father. Please forgive me.”

**Leader:** When we have disobeyed parents, grandparents, or others in charge of us, we can say,

**All:** “I’m sorry, Father. Please forgive me.”

**Leader:** When we have hurt friends with unkind words or actions, we can say,

**All:** “I’m sorry, Father. Please forgive me.”

**Leader:** At one time or another, we are all like the son. We all make bad choices and need forgiveness. God our Father is always waiting for us, hoping we will return and ask forgiveness, especially in the Sacrament of Penance and Reconciliation. After we are forgiven, we have every reason to celebrate!

## Closing Prayer

**Leader:** Today we heard the Parable of the Lost Son, sometimes called “The Forgiving Father.” When the son asked forgiveness, the father forgave him. This is what God our Father is like. In the Our Father, Jesus taught us to ask forgiveness of God, just as we forgive others. And when we forgive others, we are being just like God! Let us pray the prayer to God our Father that Jesus taught us:

**All:** Our Father, who art in heaven, hallowed be thy name;  
thy kingdom come, thy will be done on earth as it is in heaven.

Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.



# Ritual Guide

## Opening Prayer

### Preparation

Choose several readers (including yourself) to read the entire Parable of the Lost Son, Luke 15:11–32. Or, choose volunteers to be the Father, the Son, and the Older Son. Instruct them to act out the story as you read it.

*Optional:* Choose an appropriate song to begin and end the prayer.

### Gather

Gather the group in the Bible corner. Distribute the prayer handouts. Briefly rehearse the prayer response. Ask the middle schoolers to listen for the part of the Gospel story in which the son says similar words to his father.

### Pray

Begin with the Sign of the Cross as indicated. Introduce the reading with the words given, or in your own words.

(An activity for Lent can be found in chapter 10 of the *Breakthrough! Leader Guide*.)

## Closing Prayer

### Preparation

This prayer is based on the Parable of the Lost Son and includes the Our Father, the prayer Jesus taught us.

### Gather

Gather the group in the Bible corner. Explain that the closing prayer is the Lord's Prayer, the prayer that Jesus taught us. In this prayer we ask God our Father to forgive us, and we promise to forgive others.

### Pray

Lead the middle schoolers in prayer.

*Optional:* End with the song you chose for the opening prayer.

