What’s in a Name? The Dynamism of the Eucharist

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| Name | History of / Basis for Name | Dynamic Action Revealed by the Name |
| The Eucharist | • comes from Greek word *eucharistein,* meaning “thanksgiving”  • related to the idea of “blessing” because Jesus took, *blessed*, broke, and gave the bread; the Jewish *berakah*, integral to the Eucharist, is a blessing that acknowledges God’s presence and continued saving action | • God’s action? actions that reveal God’s active presence in Jewish and Christian traditions = giving thanks and blessing  • Why? God gave us everything = blessed us (saved us!); continues to do same in present moment  • Our response? action of thanking and blessing God in return through participation in the Eucharist and by doing God’s will in our daily lives |
| The Lord’s Supper | • recalls the Last Supper, a Passover meal  • anticipates the “supper of the Lamb” we will share with Jesus in the Kingdom of Heaven (see 1 Corinthians 11:20, Revelation 19:9) | God’s action?  Our response? |
| The Breaking of the Bread |  | God’s action?  Our response? |
| The Eucharistic Assembly |  | God’s action?  Our response? |
| The Holy Sacrifice |  | God’s action?  Our response? |
| The Divine Liturgy |  | God’s action?  Our response? |
| Holy Communion and Holy Mass |  | God’s action?  Our response? |