What’s in a Name? The Dynamism of the Eucharist

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| Name | History of / Basis for Name | Dynamic Action Revealed by the Name |
| The Eucharist | • comes from Greek word *eucharistein,* meaning “thanksgiving”• related to the idea of “blessing” because Jesus took, *blessed*, broke, and gave the bread; the Jewish *berakah*, integral to the Eucharist, is a blessing that acknowledges God’s presence and continued saving action | • God’s action? actions that reveal God’s active presence in Jewish and Christian traditions = giving thanks and blessing• Why? God gave us everything = blessed us (saved us!); continues to do same in present moment• Our response? action of thanking and blessing God in return through participation in the Eucharist and by doing God’s will in our daily lives  |
| The Lord’s Supper | • recalls the Last Supper, a Passover meal• anticipates the “supper of the Lamb” we will share with Jesus in the Kingdom of Heaven (see 1 Corinthians 11:20, Revelation 19:9) | God’s action?Our response? |
| The Breaking of the Bread |  | God’s action?Our response? |
| The Eucharistic Assembly |  | God’s action?Our response? |
| The Holy Sacrifice |  | God’s action?Our response? |
| The Divine Liturgy |  | God’s action?Our response? |
| Holy Communion and Holy Mass |  | God’s action?Our response? |