

The Bible's Practical Moral Advice

So get rid of your old self, which made you live as you used to—the old self that was being destroyed by its deceitful desires. Your hearts and minds must be made completely new, and you must put on the new self, which is created in God's likeness and reveals itself in the true life that is upright and holy.

(Ephesians 4:22–24)

Think about what you have just read. What are some ways you can “get rid of your old self” and “put on the new self, which is created in God's likeness”? (List a minimum of three specific ways.)

1. _____
2. _____
3. _____

In the Bible, there are many examples of great moral advice we can follow, even today. Read the verses listed below and, with a partner, choose four of them. Mark each verse you choose with a star (*). Then briefly record how you can follow that advice in modern-day life. Prepare to share your responses with the class.

1. Turn to the LORD, and pray to him,
now that he is near.

Let the wicked leave their way of life
and change their way of thinking.

(Isaiah 55:6–7)

2. “Anyone who hides hatred is a liar. Anyone who spreads gossip is a fool.” (Proverbs 10:18)



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3. "Hard work will give you power; being lazy will make you a slave." (Proverbs 12:24)

4. "Pray on every occasion, as the Spirit leads." (Ephesians 6:18)

5. "Since you have become the Lord's people, you are in the light. So you must live like people who belong to the light." (Ephesians 5:8)

6. "If you want to be happy, be kind to the poor; it is a sin to despise anyone." (Proverbs 14:21)

7. "Don't be fools, then, but try to find out what the Lord wants you to do." (Ephesians 5:17)

8. "Get rid of all bitterness, passion, and anger. No more shouting or insults, no more hateful feelings of any sort." (Ephesians 4:31)

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