Beliefs, Practices, and Attitudes

**Beliefs**

We are created for union with God.

Original Sin deprived us of holiness and justice.

God established covenants as a sign of fidelity.

We believe in one God in three Divine Persons.

Jesus was both fully God and fully human, the Second Divine Person of the Holy Trinity.

Jesus suffered, died, and was raised for our salvation.

We believe in the Holy Spirit, the Third Divine Person of the Holy Trinity.

The Catholic Church is One, Holy, Catholic, and Apostolic.

God’s revealed truth is found in Sacred Tradition and Sacred Scripture.

**Practices**

Celebration of the Sacraments

Following the Liturgical Year

Faithfulness to the Ten Commandments and the Beatitudes

The dignity of the human person

Living out our Catholic social teachings

Honoring the Blessed Mother and the Communion of Saints

Forgiveness of sin

Keeping Sunday holy

**Attitudes**

Seeing creation as sacred and a potential source of God’s grace

Placing trust in the essential goodness of the human person

Recognizing that we are flawed by the effect of Original Sin

Appreciating both faith and reason—religion and science

Putting an emphasis on community life and communal worship

Respecting the diversity of cultures in the world

Being committed to proclaiming Jesus’ message to all people