

Lord, This Is for You

Reflecting on the First Commandment

About my choices . . . Recall a decision you made recently. In making this decision, did you rank God first in the process? last? Did you consider God in making this decision? Why or why not?

About my attitudes and emotions . . . Think of someone you don't really care for. Just as you are created in the image and likeness of God, so is this person. God loves you both equally. Are you humble enough to recognize God in this person? What is one thing you can do for, or say to, this person?

About my prayer life . . . Think about the past few weeks. Has God been your focus in prayer? What have you been praying for or about? Have you focused your prayer on what you want or on God's helping you to discern what you truly need? What is one thing you can say to God in prayer that shows your love of God?

About my relationships . . . God is always with you. Do you live as if this statement were true? In your relationships with others, do you treat them as if God were standing next to you? In talking with others, are you aware of God's presence?

