	1	2	3	4	5	6
				•		
7	8	9	10	11	12	13
14	15	16	ASH WEDNESDAY 17 Participate in the Mass in person or virtually. Talk about how Lent is a time when the whole Catholic Church prays and repents together, to make things right, again, with God and our neighbor.	18	Pray the Stations of the Cross, on the Fridays of Lent at the parish or virtually.	Create a prayer space in your home for Lent. Engage the whole family and include pictures, a cross, meaningful items, and a Bible. Add some purple to the space—the color of the Lenten season.
FIRST SUNDAY OF LENT Readings Genesis 9:8-15 Psalm 25:4-5, 6-7, 8-9 1 Peter 3:18-22 Mark 1:12-15	22	In Sunday's Gospel, we are reminded that when we go through terrible times, we are never alone. Share with your family who has cared for you during tough times, and support someone you love this week.	Pray the Act of Contrition with your family each week during Lent and make plans for your family to receive the Sacrament of Reconciliation this Lent.	25	Pray the Stations of the Cross in its entirety or just focus on, discuss, and find one station in the Scriptures.	27
SECOND SUNDAY 0F LENT Readings Genesis 22:1-2, 9a, 10-13, 15-18 Psalm 116:10, 15, 16-17, 18-19 Romans 8:31b-34 Mark 9:2-10				JOU	RNEY Z BRU 2021 LENT-PENT	

6	Pray the Stations of the Cross in its entirety or just focus on, discuss, and find one station in the Scriptures.	4	FEAST OF SAINT 3 KATHARINE DREXEL	This week we remember Noah and Abraham. Their faithfulness to God was tested, and God made a covenant with both. How will your family grow in faith with prayer, reconciliation, and following Jesus this Lent?	In Sunday's Gospel, we encounter the transfigured Christ. How open are we to seeing things from a different perspective? What in us needs to be transfigured to be more like Christ?	
13	Pray the Stations of the Cross as a family at the parish or virtually. End with a simple supper of soup and bread.	11	10	In Sunday's Gospel, Jesus heals Peter's mother-in- law and others. Make a family plan to perform an important work of mercy by sending a thoughtful care package to someone who is sick or lonely.	Discuss the Lenten practices of prayer, almsgiving, and sacrifice. These acts deepen our connection with God and our neighbor. How might your family give to God and others this Lent?	THIRD SUNDAY OF LENT Readings Exodus 20:1-17 Psalm 19:8, 9, 10, 11 1 Corinthians 1:22-25 John 2:13-25
20	FEAST OF 19 SAINT JOSEPH	18	FEAST OF 17 SAINT PATRICK	16	In Sunday's Gospel, we hear of Jesus healing a man with leprosy. Discuss with your family what it means to be present to another person and what skills are involved in actively listening.	FOURTH SUNDAY 14 OF LENT Readings 2 Chronicles 36:14-16, 19-23 Psalm 137:1-2, 3, 4-5, 6 Ephesians 2:4-10 John 3:14-21
27	Pray the Stations of the Cross in its entirety or just focus on, discuss, and find one station in the Scriptures.	SOLEMNITY OF 25 THE ANNUNCIATION OF THE LORD Today, we celebrate how Mary answered God's call. We are reminded that, "with God, all things are possible." Share: When has God surprised you?	24	Pray together Psalm 51 from Sunday's readings. Find a video of this psalm being sung on YouTube to sing and reflect on, then share its meaning and message.	22	FIFTH SUNDAY 21 OF LENT Readings Jeremiah 31:31-34 Psalm 51:3-4, 12-13, 14-15 Hebrews 5:7-9 John 12:20-33
ogether RCH	RNEY	70 U	Prepare and talk about the Triduum: Holy Thursday, Good Friday, and Easter.	30	If you have older children/ teens, watch a part of Jesus of Nazareth together, each night during the week and discuss. (Available on Amazon Prime, currently.)	PALM SUNDAY 28 Readings Mark 11:1-10 Isaiah 50:4-7 Psalm 22:8-9, 17-18, 19-20, 23-24 Phillipians 2:6-11 Mark 14:1-15:47

2021 LENT-PENTECOST CALENDAR

JOURNEY	toget	ner AP	RIL
		2021 LENT-PENTI	COST CALENDAR

HOLY THURSDAY 1	
The Triduum begins—create a feast of favorites and bake bread to have with dinner tonight. Begin dinnertime	
by reading John 13:1-15.	S
Discuss the concept of humility and participate	
in the Mass together.	
8	

GOOD FRIDAY	2
Read the story of Jesus' Crucifixion and death, John 19:16b-18, 28-30	
Participate in the Good Frid service. Before bedtime, pla	lay
a crucifix in a prominent place and venerate it with kiss or touch and a praye	а
	^

The Easter Vigil begins at
sundown. Talk about the
igns, symbols, and readings
you'll encounter at the
Easter Vigil Mass. Remind
children of how God has
sought to be in relationship
with all of us, even today.

				in the Mass together.	kiss or touch and a prayer.	with all of us, even today.
Readings Acts 10:34a, 37-43 Psalm 118:1-2, 16-17, 22-23 Colossians 3:1-4 John 20:1-9	5	6	FEAST OF SAINT 7 JOHN BAPTIST DE LA SALLE	8	9	10
SECOND SUNDAY 0F EASTER Readings Acts 4:32-35 Psalm 118:2-4, 13-15, 22-24 1 John 5:1-6 John 20:19-31	12	Thomas, the Apostle, was the star character in Sunday's Gospel. Pope Francis reminds us that doubt is holy. Discuss, write, and place your doubts on a poster board. Ask God to bless your doubts as you seek and find Him.	14	In Sunday's first reading, the community of believers is described. Revisit and discuss how your family, the parish, and other communities reflect and can better reflect the best of what a community can be.	16	Donate what you can, engaging each member of the family, to a local charity in your community this weekend.
THIRD SUNDAY OF EASTER Readings Acts 3:13–15, 17–19 Psalm 4:2, 4, 7–8, 9 1 John 2:1–5a Luke 24:35–48	19	On the way to school or over dinner, share with one another what you have witnessed in your own life about God's goodness and love.	21	22	Have a "make your own pizza night," making some extra pizza to deliver to your neighbors. Inform them that you will be delivering a homemade pizza for dinner. Thank them for being your neighbor.	24
FOURTH SUNDAY 25 OF EASTER Readings Acts 4:8-12 Psalm 118:1, 8-9, 21-23, 26, 28, 29 1 John 3:1-2 John 10:11-18	26	27	28	29	FEAST OF SAINT 30 CATHERINE OF SIENA	

JOURNEY together MAY 2021 LENT-PENTECOST CALENDAR

JOSEPH THE WORKER	
Celebrate St. Joseph today.	
A holy man who listened	
to God, he loved Mary	
and Jesus, protecting and	
providing for them. Invite	

		2021 LENT—PENTECOS	T CALENDAR			the children to identify how you provide for them.
FIFTH SUNDAY OF EASTER Readings Acts 9:26-31 Psalm 22:26-27, 28, 30, 31-32 1 John 3:18-24 John 15:1-8	FEAST OF SAINTS 3 PHILIP AND JAMES, APOSTLES	4	In Sunday's Gospel, we hear Jesus say, "I am the vine, you are the branches." Search for a vine or twig with branches. Use this visual to discuss what Jesus means. Revisit the reading, using examples from your own lives.		7	May is the Month of Mary. Together, make a crown for Mary. Place it on a statue or in the middle of your dining table. Talk about Mary, her life, and what ordinary days might have been like with Jesus as a boy.
SIXTH SUNDAY OF EASTER Readings Acts 10:25-26, 34-35, 44-48 Psalm 98:1, 2-3, 3-4 1 John 4:7-10 John 15:9-17	Celebrate motherhood. Invite your children to identify the ways they feel love from their mom. Pray for all mothers, for an openness to God's grace and for love to always guide their choices.	In Sunday's Gospel, Jesus commands us to "love one another." Who in your family, parish, local, and global communities need love right now? Identify and create a plan to love those most in need.	Pray together one decade of the Rosary, focusing on your favorite Marian mystery.	THE ASCENSION OF THE LORD Today we celebrate Jesus' Ascension into Heaven, following his life here on Earth. Discuss what it must have been like to see the Ascension. Then participate in the Mass.	FEAST OF SAINT 14 MATTHIAS, APOSTLE	15
SEVENTH SUNDAY 16 OF EASTER Readings Acts 1:15-17, 20a, 20c-26 Psalm 103:1-2, 11-12, 19-20 1 John 4:11-16 John 17:11b-19	17	In Sunday's Gospel, we see Jesus pray for his disciples. Discuss how it feels to know that Jesus gives his Spirit to help us. Ask who your family wants to pray for. Write them down. Pray for them together at the end of the week.	19	Make a plan to create flower baskets or wreaths to place on the tombstones of your loved ones for Memorial Day. Make extra for tombstones that are bare and may not otherwise be decorated. Create a prayer together to pray at each site.	21	22

PENTECOST 23 SUNDAY

Readings

Acts 2:1-11
Psalm 104:1, 24, 29-30, 31, 34
1 Corinthians 12:3b-7, 12-13
John 20:19-23

EMBRACE LENT, AND GROW CLOSER TO CHRIST THIS SEASON! SHARE YOUR GIFTS WITH OTHERS AND DIVE INTO PRAYER AND PRAISE!

IDEAS FOR THIS LENTEN SEASON:

- Donate your time to the local food pantry
- Attend a Lenten penance service
- Read Scripture as a family
- · Set aside time to pray for friends in need



