

Your word is a lamp for my feet, / a light for my path.

—Ps 119:105

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“ Dear young people: ‘Put on Christ’ in your lives. . . . Christ awaits you in his Word; listen carefully to him.”

—Pope Francis, World Youth Day 2013, welcoming ceremony

Think About That

The Bible is God’s Word to us. It is a vital way to listen to him carefully. This means we can encounter Jesus when we prayerfully read the Scriptures, especially the Gospels. When Christ speaks to someone in the Gospels, he is also



speaking to us, to all people willing to listen, as Pope Francis says, “with the heart.”

Take Action

Spend 10 minutes each day this week reading the Gospel of Mark in the Bible. When you read a passage, ask Jesus what he is trying to tell you about himself and his love for you and listen for the answer in your heart. See if you can make daily Scripture reading a habit in your life.

Say a Prayer

Lord Jesus, I want to know you more. I want to encounter you in your Word. I believe that you have the words of eternal life; help me listen.