

## Thoughts on the Mass

Complete the following sentences in the spaces provided. Feel free to be totally open and honest in your answers; you will not be asked to share them with anyone.

When I enter the church building, the first thing I do is . . . because . . .

When I attend Mass, I usually sit . . .

When I sit elsewhere, I feel . . .

The people who sit near or around me are . . .

My singing at Mass is . . . because . . .

At the sign of peace, I feel . . .

After receiving Communion I . . .

When I leave the church, I feel . . .

(This handout is adapted from *Catechetical Sessions on Liturgy and the Sacraments*, by Therese Brown, Laurie Delgatto, Mary Shrader, and Christine Schmertz Navarro, in the Total Catechesis series [Winona, MN: Saint Mary's Press, 2004]. Copyright © 2004 by Saint Mary's Press. All rights reserved.)

