

Living in a Material World

To the left of the following items, write numbers ranking their necessity for living a happy life, with 1 being “Most Important” and 21 being “Least Important.” To the right of each item, write whether that item is a luxury or a necessity.

- ___ a top-of-the-line automobile _____
- ___ loving parents _____
- ___ good stereo equipment _____
- ___ my own bedroom _____
- ___ food _____
- ___ good friends _____
- ___ shelter _____
- ___ clean air _____
- ___ happiness _____
- ___ health insurance _____
- ___ brand-name shoes _____
- ___ extra spending money _____
- ___ a fashionable wardrobe _____
- ___ a substantial amount of money in savings _____
- ___ health _____
- ___ a ski vacation _____
- ___ a spiritual life _____
- ___ money for college _____
- ___ emotional stability _____
- ___ jewelry _____
- ___ contributions to the Church _____

(This handout is adapted from *Catechetical Sessions on Christian Morality*, by Cheryl Tholcke, in the Total Catechesis series [Winona, MN: Saint Mary's Press, 2004]. Copyright © 2004 by Saint Mary's Press. All rights reserved.)

