# Temptation and Grace

Consider each of the following quotations and the questions that follow them. On a separate sheet of paper, write a three- or four-sentence response to each question.

**1.** "No one experiencing temptation should say, 'I am being tempted by God'; for God is not subject to temptation to evil, and he himself tempts no one. Rather, each person is tempted when he is lured and enticed by his own desire" (James 1:13–14).

**Why does James say that our desires are a source of temptation?**

**2.** "No trial has come to you but what is human. God is faithful and will not let you be tried beyond your strength, but with the trial he will also provide a way out, so that you may be able to bear it" (1 Corinthians 10:13).

**How do you resist temptation and face difficulties in life?**

**3.** "Grace is *favor,* the *free and undeserved help* that God gives us to respond to his call to become children of God, adoptive sons, partakers of the divine nature and of eternal life"[1] (*Catechism of the Catholic Church,* 1996).

**How do you experience grace, that is, the gift of God's loving and active presence in your life?**

**Endnote**

1. Cf. *John* 1:12–18, 17:3; *Romans* 8:14–17; *2 Peter* 1:3–4.