Finding Salt and Light for the World:   
An Inventory of Discipleship Gifts and Skills

Following is a list of gifts and skills needed to be a disciple of Christ in the world. Below the list is a description of several types of Christian ministries at work in the world.For each ministry, list the gifts or skills you think one would need in order to be “salt for the earth and light for the world.” You will use this handout for several learning experiences in this unit, so put it somewhere safe when you are finished.

Gifts and Skills

1. loving / charitable

2. joyful

3. kind

4. generous

5. loyal

6. hopeful

7. detail-oriented

8. organizes others

9. helps others to work together

10. works behind the scenes

11. good with finances

12. likes to work with hands

13. leads / handles responsibility

14. good listener

15. sensitive to unspoken needs of others

16. handles conflict well

17. comforts sick people

18. seeker of justice for the weak / seeks truth despite resistance

19. merciful

20. prays for others persistently

21. encourages others, lifts people’s spirits

22. good sense of humor

23. dedicated and determined in work

24. healer (spiritually, emotionally, or physically)

25. hospitable to strangers

26. curious about new people and cultures

27. musician

28. writer

29. public relations and public speaking

30. humility

31. teacher

32. courageous

33. reverent for God’s People and nature

34. insightful about people’s behavior

35. grateful

36. passionate

37. compassionate

38. self-control and integrity

39. serves others freely

40. resilient

Ministries

***Catholic Relief Services:***“[Our mission](http://crs.org/about/mission-statement.cfm) is to assist impoverished and disadvantaged people overseas, working in the spirit of Catholic Social Teaching to promote the sacredness of human life and the dignity of the human person.” (CRS Web site)

***L’Arche*:** “L’Arche communities, family-like homes where people with and without disabilities share their lives together, give witness to the reality that persons with disabilities possess inherent qualities of welcome, wonderment, spirituality, and friendship.” (L’Arche Web site)

***Intercommunity Housing Association*:** “The Mission of Intercommunity Housing Association is to provide an environment (especially through housing) which empowers families to determine their own future, and to do so on a foundation of personal dignity, security, and growth.” (Intercommunity Housing Association Web site)

***Houston Catholic Worker Casa Juan Diego*:** “Casa Juan Diego was founded in 1980, following the Catholic Worker model of Dorothy Day and Peter Maurin, to serve immigrants and refugees and the poor. From one small house it has grown to ten houses. Casa Juan Diego publishes a newspaper, the *Houston Catholic Worker*, six times a year to share the values of the Catholic Worker movement and the stories   
of the immigrants and refugees uprooted by the realities of the global economy.” (Casa Juan Diego   
Web site)

***Society for the Propagation of the Faith*:** “Today the General Fund of the Propagation of the Faith, which gathers gifts from Catholics all over the world, is the basic means of support for the Catholic Church’s worldwide missions.” (One Family in Mission Web site)