Our Helper and Guide

Finding Faith in Life

260

John 14:16–17, 26–27

Prayer

Come, Holy Spirit. Fill us with hope and love. Guide us and help us to follow Jesus always. Amen.

Find and circle the following words that are related to the Featured Story on page 1690 of *The Catholic Children's Bible*.

Holy Spirit Helper			disciples dove Jesus				Father peace Trinity	
В	Т	Μ	S	D	0	V	Ε	D
Ι	В	R	Ρ	S	Υ	Ε	Χ	I
G	Α	Ρ	Ι	J	Ε	S	U	S
Ρ	Η	С	R	Ν	С	F	Н	С
V	Ε	Ε	Ι	U	Ι	Α	0	I
S	L	Α	Т	Κ	Κ	Т	L	Ρ
J	Ρ	Т	С	Ε	D	Η	Y	L
U	Ε	Y	Α	Ε	L	Ε	J	Е
Q	R	U	W	G	V	R	С	S



- **Leader:** Let us begin our prayer with the Sign of the Cross. . . . Let us remember that we are in the holy presence of God.
- **Leader:** We celebrate that Jesus' promise was fulfilled on Pentecost with the coming of the Holy Spirit upon Mary and the disciples.

All: Come, Holy Spirit, come!

Leader: We are grateful for receiving the Holy Spirit's power at Baptism and look forward to being strengthened with the Spirit at Confirmation.

All: Come, Holy Spirit, come!

Leader: We remember Pentecost as the beginning of the Church's mission with the help and guidance of the Holy Spirit.

All: Come, Holy Spirit, come!

Leader: We know that we can ask the Holy Spirit to help us, guide us, and inspire us each day.

All: Come, Holy Spirit, come!

Leader: Come, Holy Spirit, be with us each day. Guide our path to love and truth. Bring peace to our hearts. Help us follow Jesus as his disciples, and help us bring his love and peace to all we meet.

All: Amen.



Family Page

Background Reflection

What happens when the Spirit comes is astonishing! The disciples were once afraid and in hiding, but now they burst forth brave and enlivened. People from every nation hear their proclamations as they speak boldly of Jesus and of the greatness of God. With the coming of the Spirit, the early disciples find a voice and a call to do what Jesus instructed them to do. And the Church is born!

Jesus promised he would send a "Helper" to guide and instruct us after he was gone. He tells us that this promised Spirit will bring peace. This peace is a deep contentment and a confidence that God can bring good out of any suffering or evil.

At Pentecost, we remember the promise of Jesus to send the Holy Spirit. The Spirit is always there to help, guide, encourage, and inspire us to do great things and to be the disciples we are called to be. All we need to do is to be open, aware, and willing to listen.



Family Activities

- Find the Featured Story on page 1690 of *The Catholic Children's Bible* (John 14:16–17, 26–27). Invite your child to share what he or she remembers about this Scripture passage. Then read the passage together. Pray the prayer in the Live It! on page 1691 together.
- Make Pentecost a special celebration this year by wearing red together (the color of this feast day), by making a Pentecost cake (red velvet), or by finding a Pentecost craft online to make together.
- Watch the video "Action Dance Holy Spirit Fills Me Up" (YouTube, 2:40) together. Learn the words together and try to follow the actions presented in the video. Have fun and celebrate the gift of the Holy Spirit!

People of Faith

Mary, Mother of the Church

Mary was with the Church when the Holy Spirit came at Pentecost. She prayed for the Apostles and disciples when the Holy Spirit sent them to preach. She loves and prays for us too, because we are all her children. We celebrate the feast of Mary, Mother of the Church, on the Monday after Pentecost.

Prayer

Pray this prayer together as a family, beginning and ending with the Sign of the Cross.

Come, Holy Spirit. Help us to remember that you are with us always as our helper and guide. Inspire us each day to be the disciples we are called to be and to share the Good News of God's love, through our words and actions, with all those we meet. Amen.