A Prayer Chart

Use these questions to help you identify situations when you used each prayer form, and record as many situations as you can recall:

* Review the past week. In what situations did you find yourself using one of the prayer forms?
* Think back to one year ago. What was happening for which you used the various forms of prayer?
* Think back to when you were five. How did each prayer form apply to you as a five-year-old?

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| --- | --- | --- | --- | --- | --- |
|  | **Blessing** | **Adoration** | **Petition** | **Thanksgiving** | **Praise** |
| **Last week** |  |  |  |  |  |
| **One year ago** |  |  |  |  |  |
| **When I was**  **five years old** |  |  |  |  |  |

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