A Preassessment of My Knowledge of the Sacraments: Leader’s Guide

Instructions for leader: Read aloud only the *answers* in bold print, in the order in which they are printed below.

**1. My name comes from a Greek word that means “to throw together.” I throw together the literal meaning of an object or action with other meanings that are suggested by me. For example, I can be “fire” but I can suggest “anger” or “passion.”** *(What is a symbol?)*

**2. I am similar to a symbol, but my focus is on meaningful, repeated actions. I take many forms. For example, I can be a birthday celebration, the opening ceremony of the Olympics, or Baptism.** *(What is a ritual?)*

**3. My name comes from the same root as the word *ritual*. I am the visible symbols and rituals that formally make a Sacrament what it is.** *(What is a rite?)*

**4. I am the gateway into the Church. I am Baptism, Confirmation, and the Eucharist.** *(What are the Sacraments of Christian Initiation?)*

**5. I am Reconciliation and Anointing of the Sick.** *(What are the Sacraments of Healing?)*

**6. I am a servant of the Church; my two names are Ordination and Marriage.** *(What are the Sacraments at the Service of Communion?)*

**7. My name is Jesus Christ.** (Who instituted the Sacraments?)

**8. My name applies to the Church’s Sacraments and literally means “by the work worked.” In other words, I accomplish what I’m intended to accomplish.** (*What is the meaning of the Latin phrase* ex opere operato?)

**9. I am the free gift of God’s life, first given in Baptism and renewed in all of the Sacraments.** *(What is sanctifying grace?)*

**10. I support you in holiness by giving you help in everyday matters. I help you turn your heart toward God in ongoing conversion.** *(What is actual grace?)*

**11. I am the ancient practice of praying several times during the day using psalms and Scripture readings, and sometimes in song and chant. I am found in monasteries where contemplative orders pray each day.** *(What is the Liturgy of the Hours?)*

**12. I ask God for things that I need; if necessary, I ask over and over again.** *(What is a prayer of petition?)*

**13.** **I ask God to assist others in their needs; sometimes I call upon the saints to pray for these special needs.** *(What is intercessory prayer?)*

**14. I don’t ask for things. I simply express gratitude for all that God has done for us.** *(What are prayers of thanksgiving?)*

**15. I joyfully bless God and give God glory. I acknowledge God as the One who deserves honor above all else.** *(What are prayers of praise?)*

**16. I am not one of the more famous seven that Christ instituted, but the Church chose me to bless in other special ways: I bless meals, places, objects, persons, pets, and so on.** *(What are sacramentals?)*

**17. My name literally means “to buy back something.” I buy you back from the effects of Original Sin and deliver you to the truth about God and yourself.** *(What is redemption?)*

**18. I witness to faith with my voice. Actually, sometimes I speak quietly or even silently. I often use forms such as the “Our Father” or “Hail Mary,” and I also choose my own words at times.** *(What is vocal prayer?)*

**19. I am the highest form of prayer. I am truly “union” with God. I do not require words. I am the prayer of ordinary people who have extraordinarily deep love for God, as well as the prayer of the mystics.** *(What is contemplation?)*

**20. People like me because I give them useful ways to connect with God. I take different forms, such as a novena or the Rosary.** *(What is popular piety?)*

**21. I am a special form of prayer that became popular because I led the way to Christ through Jesus’ mother, Mary. I am a form of prayer that uses repetition to lead those who pray with me to a deeper understanding of the Passion, death, and Resurrection of Jesus.** *(What is the Rosary?)*

**22. I am among pilgrims who make their way to holy places. I am a good reminder to those who participate that Christian life is a holy journey.** *(What is a walking ritual?)*

**23. My name is John Newton; I wrote a famously emotive tune with inspiring words about freedom.** *(Who wrote the song “Amazing Grace”?)*

**24. I am hauntingly beautiful. I am ancient in the Church, and yet I’m still the favored form of sung prayer in the Church’s liturgy.** *(What is Gregorian chant?)*