

First Reconciliation Meal Prayer

Make this simple prayer card for your family table. The prayer is especially appropriate as preparation for First Reconciliation. The finished prayer card should be a "tent" that can be set up on a table.

Materials Needed

- copies of the prayer printed on the lower half of 8½-x-11-inch white card stock (to be folded in half to make a "tent")
- pens or markers

Directions for the Activity

1. **Invite** your child to decorate the prayer with pictures or symbols that remind her or him of things or events that evoke feelings of happiness and peace.
2. **Fold** the card stock in half, so the prayer remains on the lower half. Press the fold down so the prayer card will stand up.
3. **Place** the prayer card on the table where the family eats as a reminder for your family to pray it every day until First Reconciliation. (Feel free to continue with the prayer beyond this celebration as well!)

First Reconciliation Meal Prayer

Lord Jesus, bless our food and our family today.

Help us to remember the people who don't have food to eat.

Teach us to share.

Help us to learn to forgive and to ask for forgiveness.

Lead us always to do what is right.

Amen.

