## **Faith**

## **Lesson 4 Summary**

## **Lesson Learning Objectives**

- The participants will describe what faith is and what it means to be a person of faith.
- The participants will gain a better understanding of the Church's creeds and how they relate to a life
  of faith.

## **Content Summary**

- 1. God's Revelation of himself, particularly in the person of Jesus Christ, is his invitation for us to be in a loving relationship with him and with one another.
- 2. Faith is a personal act. Each person is free to believe or not to believe in what God has revealed. But belief is not an isolated act. No one can believe alone.
- 3. Having true faith means believing everything that God reveals; it does not mean picking and choosing the things we want to believe.
- 4. Christian faith is the human person's response to God's loving invitation to believe in him. Faith means giving yourself completely—heart, mind, and will—to a loving relationship with God. Faith also means believing in, and being part of, the Church, which is the Body of Christ here on earth.
- 5. Faith is not opposed to science. God created both physical reality and spiritual reality, and the two can never truly conflict.
- 6. Faith is necessary for salvation. Without faith we would cut ourselves off from God, and that would mean no salvation.
- 7. A creed is a brief summary of beliefs. As Catholics we use creeds to affirm our belief in all that God has revealed.
- 8. God has given you the gift of faith, but only you can decide to accept that gift and act on it.

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