



Here is a quick assessment about *Discover!* and Theology of the Body

There are multiple clear connections between the *Discover!* content and core Theology of the Body (TOB) themes—even though TOB isn't mentioned by name. Here's how they align:

1. Human Dignity & Creation of the Body

Grade 2, Unit 1: “God Created Us”

Students learn that “God created us to love and be loved” and that each person is unique and made in God's image.

TOB Alignment: This reflects the TOB foundational teaching that our bodies reveal our identity as persons created in love and for love.

2. Vocation, Love & Self-Gift

Grade 5, Unit 4: “Jesus Calls Us”

Children explore vocation, the Sacraments at the Service of Communion (Marriage & Holy Orders), and the idea that each person is called to build the Kingdom through their unique vocation.

TOB Alignment: These themes mirror TOB's focus on discovering one's calling through self-gift and loving communion, especially within marriage and religious life.

3. Marriage as Covenant

Grade 5, Unit 4 again teaches that:

“Marriage is a covenant between two people” and includes elements of the Marriage Rite and effects of the sacrament.

TOB Alignment: John Paul II's Theology of the Body heavily emphasizes marriage as an icon of God's covenantal love.

4. The Body as a Temple & the Church as the Body of Christ

Grade 3, Unit 1: “We Belong to the Body of Christ”

Explores how Baptism makes us members of Christ's Body and how each person contributes through unique gifts.

TOB Alignment: TOB emphasizes the communal nature of the body and that each person reflects divine dignity and purpose.

5. Human Identity, Free Will, and Moral Responsibility

Grade 2, Unit 2: “Conscience Is a Gift of God's Love”

Teaches free will, conscience, and the responsibility to love others.

TOB Alignment: The capacity for free, total, faithful, and fruitful love is a hallmark of TOB's anthropology.

6. Called to Love Through the Gift of Self

Grade 5, Unit 3: “We Love One Another”

Emphasizes that “love is shown not only in words but in actions” and connects love to healing, forgiveness, and trust.

TOB Alignment: Echoes the call to embody love with and through our bodies in communion with others.

While *Discover!* doesn't label content as Theology of the Body, it integrates many foundational TOB principles through teachings on:

- Identity
- Human dignity
- Vocation
- Marriage
- Sacramental worldview
- Gift of self