

# **Invictus: Forgiveness, Reconciliation, and Healing**

Article 37, “Penance and Reconciliation in Our Lives,” in the student book deals with some of the following themes: the forgiveness of all sins, reconciliation with God and the Church, remission of punishment for sin, peace and serenity of conscience, and an increase of spiritual strength for the Christian battle. Apply two or three of these to the words and actions of Nelson Mandela on behalf of his country, and to the Springboks rugby team he inspired.

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How well did Mandela’s choice of making the Springboks rugby team an important part of healing his nation work? What does this tell you about the meaning and importance of healing?

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Nelson Mandela often challenged people to overcome their individual injuries and sufferings so that a greater healing of the South African nation could take place. How might the Sacraments of Healing (Penance and Reconciliation and Anointing of the Sick) assist us in forming stronger communities and even a stronger society?

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