Life Issues F Activity: Guidance in Living Our Faith

For each of us, different people serve as models of how we should live. Who are the role models in your life? Name one person whose example helps you relate to family members in a loving way, and one person whose example guides you to live your Catholic faith. Describe specific actions these people take that inspire you.

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The Church honors as saints holy men and women who have led exemplary lives as followers of Jesus. Choose one saint whom you have heard or read about, and share what you know about him or her. How can this saint’s example help you to live your faith?

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Mary is the Church’s greatest saint. She is the Mother of God and our Mother, and is always there to help us and to guide us to her Son, Jesus. Write a short prayer asking the Virgin Mary for guidance in living your faith.

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