

DIVERSITY AWARENESS

Read down the first column, and for each description, mark an X in all the columns that apply to you. (If there is a description you do not feel comfortable writing down, make a mental note of it and leave the space blank.) Then answer the reflection questions.

The term below describes

	Me	Someone in my immediate family	Someone in my extended family	A close friend	An acquaintance	Someone at school	Someone my family knows	Someone I once met	Someone I primarily know about through the media or reading	Nobody I have ever heard of
A Catholic Christian										
A non-Catholic Christian										
A Muslim										
A Jew										
An atheist										
A Central or South American										
An Australian										
An African										
A heterosexual person										
A homosexual person										
A European American										
An Asian American										
An African American										
A Hispanic American										
A person without disabilities, physical or mental										
A physically disabled person										
A mentally disabled person										
A wealthy person										
A person with an average income										
A person with a low income										
A person who is overweight or underweight										
A person who is of average weight										

Reflection Questions

1. Which column had the most Xs and which column had the least? List these. What insights can you gain from this list?
2. Which rows had the most Xs and which rows did not? List these. What insights can you gain from this list?
3. Were you more likely to have a greater number of Xs in the rows that are also Xed in the “Me” column? Why or why not?
4. Were you more likely to have stereotypes about persons in rows that had the least number of Xs?
5. How diverse is your “A close friend” column? Would you like it to be more diverse? Why or why not?
6. In what part of your life do you encounter the greatest diversity?
7. Which groups are most familiar to the school community at large? Why is that?
8. Are any groups of people mentioned on this chart not understood by the school community? Why is that?
9. What is the relationship between having contact with people and feeling comfortable around them? What is the relationship between having contact with people and having stereotypes about them?
10. Were you surprised by the results of this diversity awareness exercise? Why or why not?