

Times of Trouble

Life Issues E Summary

Life Issues E Learning Objectives

- The participants will reflect on how we need to care for and help one another and will understand that we are Christ's caring hands in the world.
- The participants will practice thinking like Jesus when it comes to dealing with the troubles of life.
- The participants will reflect on the importance of being open to receiving help from Jesus through prayer, their parents, and their peers.

Content Summary

1. Jesus teaches us, through his words and example, that we should care for one another in times of trouble, and he assures us that there is room in his lifeboat for everyone. Many times during Jesus' ministry, he helped people who were sad, hurting, and in trouble. He still helps us today in many ways, often through others.
2. Just as Jesus loved and cared for his friends during his earthly life, he loves and cares for us too.
3. Today we often experience Jesus' love and care through prayers, parents, and peers. The Holy Spirit works through the followers of Jesus to make Jesus' love real in our lives.
4. If we want to experience Jesus' love and care, we have to be willing to ask for help when we need it, which means we need to bring our troubles to Jesus in prayer, and turn to parents, caring adults, and friends for help.
5. We can always rely on God for support regardless of the situation.
6. Keeping your troubles inside or relying inappropriately on friends when it would be more appropriate to approach a parent or other responsible adult can lead to dangerous behavior, such as drug or alcohol abuse, thoughts of suicide, and so on.
7. When a friend shares these kinds of troubles and is unwilling to confide in an adult, you should contact an adult immediately. This is not tattling. It is a matter of "safety first" in helping your friend.

