

How and Why Do People Suffer?

In the boxes below, give examples for each type of suffering.

| Suffering Caused by Nature | Psychological Suffering (caused by self or others) | Physical Suffering (caused by self or others) | Spiritual Suffering (caused by self or others) |
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- Which type of suffering do you think is the most difficult: suffering caused by nature or suffering caused by people?
- As individuals, as Christians, and as a civil society, what obligation do we have to help alleviate the suffering of others?
- How can the mystery of Jesus Christ's Passion, death, and Resurrection inform our consciences and motivate us to respond to suffering?

