
Miriam's Shabbat

Blessing over the Sabbath Lights

Reader 1:

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם
אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ לְחַדְלִיק נֵר שֶׁל שַׁבָּת.

BAH-ROOK AH-TAH, AH-DOH-NAI EH-LOH-HAY-NOO, MEH-LEHK HA-OH-LAHM,
AH-SHER KIH-DE-SHAH-NOO BE-MIHTS-VOH-TAHV VE-TSIH-VAH-NOO
LE-HAHD-LEEK NAYR SHEL SHAH-BAHT.

Blessed are you, LORD, our God, ruler of the universe, who has sanctified us by your commandments and commanded us to kindle the Sabbath light.

Blessing over the Kiddush Cup

Reader 2:

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם
בּוֹרֵא פְּרֵי חֲנָפֶן.

BAH-ROOK AH-TAH, AH-DOH-NAI EH-LOH-HAY-NOO, MEH-LEHK HA-OH-LAHM,
BOH-RAY PE-REE HAH-GAH-FEN.

Blessed are you, LORD, our God, ruler of the universe, creator of the fruit of the vine.

Blessing over the Challah

Reader 3:

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם
הַמוֹצִיא לֶחֶם מִן הָאָרֶץ.

BAH-ROOK AH-TAH, AH-DOH-NAI EH-LOH-HAY-NOO, MEH-LEHK HA-OH-LAHM,
HAH-MOH-TSEE LEH-KEHM MEEN HAH-AH-REHTS.

Blessed are you, LORD, our God, ruler of the universe, who brings forth bread from the earth.

Reading: Isaiah 61:10

Reader 4: A reading from the prophet Isaiah:

I will greatly rejoice in the LORD,
my whole being shall exult in my God;
for he has clothed me with the garments of salvation,
he has covered me with the robe of righteousness,
as a bridegroom decks himself with a garland,
and as a bride adorns herself with her jewels.
The word of the LORD.

Prayer

All: Yeshua, sun of justice,

Reader 1: Miriam was the white dawn announcing your rising:
grant that we may always live in the light of your coming.

All: Yeshua, eternal word,

Reader 2: you chose Miriam as the ark of your dwelling place:
free us from the corruption of sin.

All: Yeshua, heart of generosity and love,

Reader 3: you gave Miriam as a mother to your beloved disciple:
help us to live as worthy children of so noble a mother.

Blessing over One Another

[Readers extend their hands in blessing over their classmates.]

All:

יְשִׁימְךָ אֱלֹהִים בְּשָׂרָה רִבְקָה רָחֵל וְלֵאָה.

YE-SIH-MEHK EH-LOH-HEEM KE-SAH-RAH, RIV-KAH, RAH-KAYL, VE-LAY-AH.

May God inspire you to live in the tradition of Sarah and Rebekah, Rachel and Leah.
May you be mindful of God's holiness within you and around you. Amen.

(This handout is adapted from one developed by John Reine, Newton Country Day School of the Sacred Heart, Newton, Massachusetts. Used with permission.)