

A Restless Heart

Read through the following questions and discuss your answers with your small group.

- Discuss the following statement with your group: “God has given us restless hearts so that we will continue to seek him.” What does your group think about this statement?

- Have you ever prayed to God or asked God for help at a time when you felt agitated or upset? Did you feel that God helped you? Describe your experience.

- Discuss the following statement: “It has been primarily during times of anxiety, struggle, disappointment, or defeat that God has revealed himself to humans over the centuries. Humans often fail to notice God’s presence when times are good.” What is your opinion?

- Describe any biblical story you can remember in which God revealed himself in the midst of a community or to an individual that was discouraged or in trouble.

