

Final Performance Task Options for Unit 7

Important Information for All Three Options

The following are the main ideas you are to understand from this unit. They should appear in this final performance task so your teacher can assess whether you learned the most essential content:

- Through prayer we experience the grace of the Paschal Mystery and grow in our relationship with God.
- The Scriptures are a source and guide for prayer.
- Prayer can take many forms and expressions.
- Both individual and communal prayer connect us with believers everywhere.

Option 1: Prayer Journal

Throughout the course of this unit, you will learn about various forms and expressions of prayer. As a way to further integrate the key understandings of this unit, you are encouraged to explore different ways of praying and keep a journal of your experiences. As part of this final performance task, you will need to engage in at least three different forms or expressions of prayer. After each experience, reflect on the prayer and what it has meant for you. Include in your reflections how this particular form or expression of prayer has given you insight into the Paschal Mystery, greater courage to deal with your own suffering, and greater hope for new life. Each journal entry should be at least one typed page in length. You may choose to include visual elements to complement (not replace) the journal writing.

In particular, you will need to demonstrate the following:

- an understanding of the four main concepts of this unit, as listed at the beginning of this handout
- journal entries that are appropriate and reflect the maturity and substance of a high school religious studies course

Option 2: Podcasts on Prayer

Imagine that your bishop has invited you to create a series of teen-friendly podcasts about prayer that will be posted on the (arch)diocesan Web site. He has asked that you and your team (no more than three people total) create three or more podcasts, each 3 to 5 minutes in length, dealing with various topics related to prayer.

Your series of podcasts will need to contain or demonstrate the following:

- understanding of the four main concepts of this unit, as listed at the beginning of this handout
- creative reflection on the four main concepts that blends theoretical and practical questions regarding prayer
- podcasts that are appropriate and reflect the maturity and substance of a high school religious studies course

